



Fun Activities for You & Your Neighbor

**These ideas are merely suggestions. Use them as a starting point for a mutually beneficial relationship!*

- Bring things related to the season or upcoming holiday to talk about
- Enjoy a cup of a favorite beverage together...
- Play word & trivia games, cards, crossword puzzles, or a jigsaw puzzle
- Ask your Neighbor to teach you a new game or vice versa & keep friendly running tallies of your scores
- Bring a favorite recipe book to explore or plan a meal together
- Bring recipe books with "quick and easy" meals to prepare, or search online
- Consider shopping at the local farmer's market for your Neighbor, then relay the sights, sounds, and smells of this great community event!
- Make foods that are native to Indiana or relate to the seasons.
- Start a collection or hobby that you both enjoy
- Ask your Neighbor to teach you a new hobby!
- Bring along a favorite movie...don't forget the popcorn! *(if not restricted by dietary concerns)*
- Go to the Library and check out books or books of interest on CD *(whichever your Neighbor prefers)*
- Read a chapter of a novel or several poems each time you visit
- Bring along a magazine (Bloom!) or local newspaper or read about current events online together with your laptop
- Check out music on CD that your neighbor would enjoy from the library
- Listen to music together and the great memories inspired by songs
- Ask your Neighbor if he/she has prescribed exercises you could do together
- Take a walk together as weather & health permit; sit on the porch or patio
- Make a special scrapbook celebrating your older adult's lifetime or look at old photos together
- Help your Neighbor write letters or send cards out to people...
- Take pictures of your favorite spots, new developments, etc.- and talk about them
- Share favorite stories, travel adventures *(with pictures)*, tell jokes
- Bring a pet to visit *(with permission!)*
- Help your Neighbor learn computer games, typing, surfing the internet, etc
- Set up an e-mail account where you two can be in better touch via e-mail!

**Most importantly, create quality time with your Neighbor and do things you both enjoy. Help them stay "connected" with seasons, current events, keeping a fun routine, or learning something new!*